

# Member Newsletter

December 2nd, 2020

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The Harvest  
Golf Club



## Harvest Academy Update

### "COACHES CORNER" Webinar Series


Throughout the winter, Coach Jeff Overholt will be offering Harvest Club members the opportunity to participate in a series of free educational webinars designed to help improve golf performance. Jeff will be having in depth discussions with different experts in the field of sport science who will share their perspective on ways to optimize your golf skills development.

#### Webinar #1

"Taking your Practice from the Range to the Course"  
How to optimize your practice environment to enhance  
skill development

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**DATE:** Wednesday December 9<sup>th</sup>, 2020

**TIME:** 5:00pm – 5:45pm

**Guest Coach – Kyle Paquette PhD.  
Mental Skills Performance Coach**

**Contact Jeff Overholt at**

[jeff@beyondtheswing.ca](mailto:jeff@beyondtheswing.ca)

**to register for the webinar**

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## **Masa's Grill**

Open this weekend

December 4th, 5th, & 6th

**Dinner Only (4:30pm-7:30pm)**

**Christmas at The  
Harvest**



**Friday, December 11th**  
**&**  
**Saturday, December 12th**

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Please note by popular demand &  
due to COVID-19 space is limited.

For all Food & Beverage  
inquiries and reservations

Please contact  
Food & Beverage Manager

Ryan Brown

250-862-3177

or

[rbrown@harvestgolf.com](mailto:rbrown@harvestgolf.com)